



New Paltz

Central School District

196 Main Street, New Paltz, New York 12561 • Phone: (845)256-4000 • Fax: (845)256-4009 • www.newpaltz.k12.ny.us

You must keep your child home if:

- Your child is experiencing any symptom (even one) or have had symptoms in the past 10 days. (See symptoms below.)
- They have traveled to any state on the NYS TRAVEL ADVISORY LIST or traveled internationally to a CDC Level 2 or 3 related travel notice. (They must quarantine at home until your local health department releases them from quarantine, at least 14 days.)
- They have been in contact with a person who tested positive for COVID-19.
- In the past 10 days, your child has been tested for COVID-19 and awaiting results **OR** received positive results.

If your child does not have a health care provider, please call the ULSTER COUNTY DEPARTMENT OF HEALTH COVID HOTLINE (845) 443-8888.

If your child is currently or has had in the past 10 days one or more of these new or worsening symptoms:

- A temperature of 100 degrees F or higher (fever or chills)
- Cough
- Loss of taste or smell
- Fatigue/feeling tiredness
- Sore throat
- Shortness of breath or trouble breathing
- Nausea/vomiting, diarrhea
- Muscle pain or body aches
- Headaches
- Nasal congestion/runny nose

Seek immediate medical care if your child has:

- Trouble breathing or is breathing fast
- Prolonged fever
- Is too sick to drink fluids
- Has severe abdominal pain, diarrhea, or vomiting
- Change in skin color
- Racing heart
- Decreased urine output
- Lethargy, irritability, or confusion

If your child has developed symptoms:

- They will be isolated and sent home from school.
- If your child is already home, please notify the school nurse. NPSCD will advise you to immediately seek the advice of your health care provider (HCP).
- You will have 48 hours from the onset of symptom(s) to provide a negative COVID test result **OR** a note from your health care provider. It must give a diagnosis of a known chronic condition with unchanged symptoms or a confirmed acute illness **AND** must state that symptoms are NOT COVID related.
- The Ulster County Department of Health will work in collaboration with your school to determine when your child may safely return to school.

****Please see attached chart for collaborating insight.****

If your child is not evaluated by a HCP or a COVID-19 test is recommended but not done and no alternative diagnosis is provided, **your child must remain in isolation at home and is not able to return back to school until your local health department has released them from isolation;** which is typically: at least 10 days have passed since the first date of symptoms, **AND** your child's symptoms are improving, **AND** your child is fever free without use of fever reducing medicines for 72 hours.



NYSDOH COVID-19 In-Person Decision Making Flowchart for Student Attendance

Can My Child Go To School Today?

In the past 10 days, has your child been tested for the virus that causes COVID-19, also known as SARS-CoV-2?

YES

NO

Was the test result **positive** OR are you still waiting for the result?

YES

Your child **cannot** go to school today. They must stay in isolation (at home and away from others) until the test results are back and are **negative** OR if **positive**, the local health department has released your child from isolation.

In the last 14 days, has your child:

- Traveled internationally to a **CDC level 2 or 3 COVID-19 related travel health notice country**; or
- Traveled to a state or territory on the **NYS Travel Advisory List**; or
- Been designated a contact of a person who tested positive for COVID-19 by a local health department?

NO

YES

Your child **cannot** go to school today. They must stay at home until your local health department releases your child from quarantine, at least 14 days. A negative diagnostic COVID-19 test does not change the 14-day quarantine requirement.

Does your child currently have (or has had in the last 10 days) one or more of these new or worsening symptoms?

- A temperature greater than or equal to 100.0° F (37.8° C)
- Feel feverish or have chills
- Cough
- Loss of taste or smell
- Fatigue/feeling of tiredness
- Sore throat
- Shortness of breath or trouble breathing
- Nausea, vomiting, diarrhea
- Muscle pain or body aches
- Headaches
- Nasal congestion/runny nose

YES

NO

Your child **cannot** go to school today. Your child should be assessed by their pediatric healthcare provider (HCP). Call your child's HCP before going to the office or clinic to tell them about your child's COVID-19 symptoms. If your child does not have a HCP, call your local health department.

Your child **CAN** go to school today. **Make sure they wear a face covering or face mask, practice social distancing, and wash their hands!**

Report absences, symptoms, and positive COVID-19 test results to your child's school.

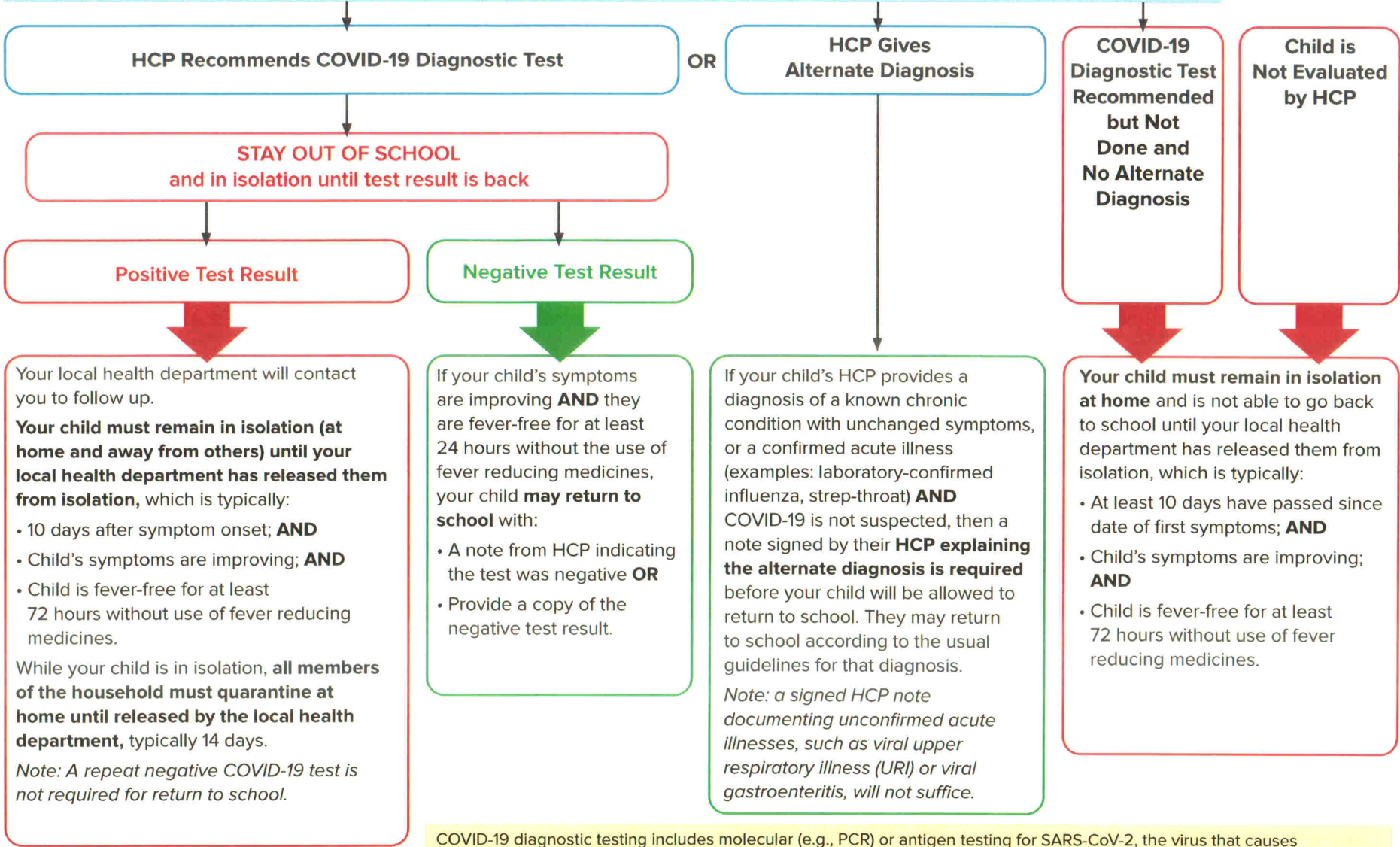
SEEK IMMEDIATE MEDICAL CARE IF YOUR CHILD HAS:

- Trouble breathing or is breathing very quickly
- Prolonged fever
- Is too sick to drink fluids
- Severe abdominal pain, diarrhea or vomiting
- Change in skin color - becoming pale, patchy and/or blue
- Racing heart or chest pain
- Decreased urine output
- Lethargy, irritability, or confusion



My child has COVID-19 symptoms. When can they go back to school?

HEALTHCARE PROVIDER (HCP) EVALUATION FOR COVID-19 (can be in-person or by video/telephone as determined by HCP)



COVID-19 diagnostic testing includes molecular (e.g., PCR) or antigen testing for SARS-CoV-2, the virus that causes COVID-19. Diagnostic testing may be performed with a nasopharyngeal swab, nasal swab, or saliva sample, as ordered by the health care provider and per laboratory specifications. At times, a negative antigen test will need to be followed up with a confirmatory molecular test. Serology (antibody testing) cannot be used to rule in or out acute COVID-19.

Information for Parents/Guardians on Alcohol-Based Hand Sanitizers

Dear Parent/Guardian Date:

Hand washing for 30 seconds with warm soapy water is the best way to clean hands and reduce illness. If this is not available, alcohol-based hand sanitizers (ABHS) can be used.

The use of sanitizer will be done under adult supervision. Staff will be trained when to report concerns to the school nurse.

Hand sanitizers do not work for removing allergens. Handwashing with soap and warm water is needed.

Please share this information with your child:

- A dime-size amount of hand sanitizer is all that is needed
- Rub over the hands until the gel is dry
- Keep their hands off the face, eyes, nose, or mouth while hands are wet
- If they have cuts on their hands or feel stinging, they should not use the sanitizer and tell their teacher

If you do not want your child to use hand sanitizer, please contact the school nurse. If you would like more information, contact:

Sincerely



Marek Balutowski M.D.
New Paltz Central School Medical Director

10/27/20